Towards successful OSL sampling strategies in glacial environments: deciphering the influence of depositional processes on bleaching of modern glacial sediments from Jostedalen, Southern Norway

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Abstract
The optically stimulated luminescence (OSL) signals of quartz and K-feldspar are known to bleach poorly within some glacial settings, and can present a major challenge to dating applications. However, because the OSL signal is extremely sensitive to sunlight exposure history, the residual luminescence signals of modern glacial sediments also encode information about transport and depositional processes. Through examination of the residual luminescence properties (equivalent dose ($D_e$) and overdispersion values) of a suite of modern glacial sediments from different depositional settings (sandar, proglacial delta and main meltwater channel), this study provides insights not only into which sediments are likely to be fully bleached within glacial settings, but also into how OSL can be used to trace different depositional processes across sedimentary landforms. Improved understanding of the processes of sediment bleaching will enable better sample selection and may improve the accuracy and precision of OSL dating of glacial sediments.

The luminescence signals of both coarse-grained quartz and K-feldspar with similar sediment sources are found to be sensitive to both depositional process and specific depositional setting. Whereas modern braid-bar-head deposits from the Nigardsdalen ice-proximal proglacial delta typically have ages of $\leq 3$ ka, similar depositional features from the Fåbergstølsgrandane sandur have residual ages of $\geq 26$ ka. Exploration of changing residual luminescence signals across individual sandur and proglacial delta braid-bar features shows that braid-bar-head deposits can retain large residual $D_e$ values, while the partner braid-bar-tail deposits are almost completely bleached. The quartz OSL signal and K-feldspar IRSL$_{50}$ and post-IR IRSL$_{250}$ signals are shown to bleach at the same rate across the same bar feature and the IRSL$_{50}$ K-feldspar signal is also shown to be completely bleached for bar-tail deposits in Nigardsdalen. Therefore the IRSL$_{50}$ K-feldspar signal is suitable for dating some glacial deposits, circumventing the challenges associated with dim quartz signals.

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1. Introduction
Optically stimulated luminescence (OSL) dating is one of the favoured methods for dating glacial sediments, however partial resetting (bleaching) of luminescence signals can present a major challenge within glacial environments (e.g. Gemmell, 1988; Mejdahl and Funder, 1994). Although there has been considerable research on quantifying the unbleached residuals in glacial settings (e.g. Alexanderson and Murray, 2012a) and how to ameliorate and/or avoid these effects (e.g. Fuchs and Owen, 2008), little research has explored the processes of sediment bleaching. Stokes et al. (2001) explored differential bleaching of fluvial sediments with increasing transport distances in large continental scale drainage basins, and Ditlefsen (1992) and Klasen et al. (2006, 2007) explored the rates of sediment bleaching for different grain sizes in laboratory based studies. King et al. (2013) recorded unbleached residual signals of $0–3$ ka for glaciofluvial bar deposits $2$ km from the ice-margin, but were unable to identify a single cause for the residual variability, attributing it to a combination of specific depositional setting, sediment source and transport distance. If the causes of unbleached residual luminescence signals can be well constrained it may be possible to exploit changing residual signals in the exploration of depositional pathway tracing.

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This study explores the causes of variability in residual luminescence signals from depositional features through measuring the luminescence properties of multiple sediments from individual landforms. Sampling in such high resolution enables the signatures of the specific depositional processes to be isolated from the varying influences of sediment transport distance and source material which can fluctuate at the catchment scale. Two main glacial catchments have been investigated which comprise a proglacial delta and sandur, both of which are characterised by braid-bar deposits with varying spatial scales. Sandur braid-bar deposits are considered favourable for luminescence dating (see Thrasher et al., 2009a for a review), and it is therefore important that the processes of sediment bleaching are understood. Understanding variations in residual luminescence signals and by inference the bleaching properties of different deposits will not only enable exploration of depositional pathway tracing but will also enable more informed OSL sample selection in both glaciofluvial and fluvial depositional settings.

2. Partial bleaching in glacial settings

In glacial environments the degree of sediment bleaching varies between different deposits, encoding information about transport and depositional processes. Partial bleaching is thought to affect sediments most where they are transported rapidly, and over short distances, such as in a turbulent meltwater flow (e.g. Ditlefsen, 1992; Rhodes and Pownall, 1994). In contrast some sedimentary features in glacial and fluvial depositional environments have been identified which are thought to be less susceptible to partial bleaching effects (e.g. Murray et al., 1995; Preusser, 1999; Robinson et al., 2005; Fuchs and Owen, 2008; Thrasher et al., 2009b). For example, whereas the head of a braid-bar essentially comprises channel material and is poorly bleached; the sediments that accrete on the bar-tops following periods of elevated discharge experience greater opportunities for sediment bleaching, and material at the bar-tails which has been either transported across the bar-features or alongside them, potentially experiences the greatest sunlight exposure and may be fully reset. Channel bars are also emergent for part of the discharge cycle, and material is reworked over the bar tops episodically, influencing sediment bleaching opportunities. Sediment facies can be used to infer depositional context and process, and probable light exposure history (Fuchs and Owen, 2008; Thrasher et al., 2009a).

2.1. Identifying and characterising partially reset OSL signals

Duller (1994) describes two types of partially reset sediments. Type ‘A’ sediments are those that have been homogeneously, but incompletely bleached, whereas type ‘B’ sediments have been heterogeneously partially bleached. The occurrence of type ‘A’ sediments is thought to be unlikely in most natural depositional settings (Duller, 2008), and partially reset OSL signals can generally be identified through examination of the distribution of equivalent dose ($D_e$) values measured when a sample is dated using OSL (e.g. Arnold et al., 2007, Fig. 1). This is because partially bleached (type ‘B’) sediments exhibit greater scatter (overdispersion) in $D_e$ values than completely bleached sediments. Sample overdispersion is calculated from the distribution of $D_e$ values and is the relative standard deviation of all $D_e$ values, once uncertainties have been incorporated (Galbraith et al., 1999). Even fully bleached (reset) samples exhibit overdispersion and it has various causes in addition to heterogeneous bleaching (e.g. Murray et al., 1995), including post-depositional mixing of sediments of different depositional ages (e.g. Bateman et al., 2007), beta dose-rate heterogeneity (e.g. Nathan et al., 2003) and variable responses of different grains to fixed measurement conditions. When multi-grain aliquots, rather than single-grains are analysed, the effects of beta-dose rate heterogeneity are mediated, and heterogeneous bleaching and post-depositional mixing of sediments are the most significant drivers of sample overdispersion. Galbraith et al. (1999) have proposed that samples with overdispersion values of <20% are homogeneously bleached and in their more recent review, Arnold and Roberts (2009) report an average value of 13 $\pm$ 7% overdispersion for samples from the published literature that are thought to be homogeneously bleached and have been measured using multi-grain aliquots. King et al. (2013) recently demonstrated that from a set of modern subglacial, paraglacial and glaciofluvial bar deposits, some of the most (albeit incompletely) bleached samples exhibited the highest overdispersion values. Thus sample overdispersion encodes further information about the bleaching and transport and depositional process history of sediments, when considered relative to their residual dose and depositional context. Through measuring the residual luminescence signals of multiple samples from specific positions on braid-bar deposits, this research will provide a greater understanding of the controls that sedimentary processes have on the OSL signals of quartz and K-feldspar.

3. Study area

A suite of outlet-glacier catchments which drain the Jostedalsbreen ice-cap in Southern Norway were selected as the sample sites, as they comprise a range of glaciofluvial depositional environments. Three catchments have been specifically explored in this research: Stordalen, Fåbergstølsgrandane and Nigardsdalen (Fig. 2). Stordalen is a narrow catchment, dominated by a single meltwater channel that drains Lodalsbreen; Fåbergstølsgrandane is a sandur and Nigardsbreen drains into a proglacial lake where a delta has formed.

The Jostedalsbre Plateau is thought to have been completely ice free 7.5–5.5 ka cal BP (Nesje and Kvamme, 1991; Matthews et al., 2000; Nesje et al., 2000, 2001), and the various valleys containing outlet glaciers to have been fully deglaciated by $\sim$ 8 ka BP (Nesje et al., 1991; original 9 ka BP age calibrated using IntCal09 (Reimer et al., 2009) assuming an uncertainty of 100 years in OxCal v.4.2 (Bronk Ramsey, 2013)). Jostedalen experienced Neoglacial from

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**Fig. 1.** Kernel density estimate of the K-feldspar extract of GRAN57. Plot drawn in R Studio (2012) using the gplots (Warnes et al., 2010) and plotrix packages (Lemon et al., 2012).
~ 5 ka BP (Shakesby et al., 2004), and substantial advances occurred between 3.7 and 3.1 ka BP (Ballantyne and Benn, 1994; Ballantyne, 1995). The various outlet glaciers of the Jostedalsbreen ice-cap have multiple retreat moraines, attributed to the LIA which has been the most substantial readvance of the Neoglacial period (Dahl et al., 2002). Nigardsdalen was fully glaciated during the LIA, and in 1822 the Lodalsbreen and Stigaholtsbreen glaciers are known to have advanced onto the margin of Fåbergstølsgrandane from historical records (Nussbaumer et al., 2011).

The geomorphology of this region is characterised by glacial erosion and sediment reworking, which results in paraglacial sedimentation (Church and Ryder, 1972) and debris flows are a common paraglacial process within Jostedalen (e.g. Curry, 1999; Curry and Ballantyne, 1999). The geology of Jostedalen varies from quartz monzantite to quartz diorite. It is within the western Gneiss region of Norway (Bryhni and Sturt, 1985), and is underlain by bedrock of Precambrian granitic to granodioritic gneiss (Holtedahl, 1960; Holtedahl and Dons, 1960).

4. Site and sample descriptions

In this study, glaciofluvial bar tops (horizontally (Sh) and ripple (Sr) bedded sands) and backs (Sh, Sr) were focussed upon during sampling (Fig. 3). Only modern samples have been collected in order that the process signatures, rather than the chronologies of the deposits can be explored; sample modernity was ensured through sampling surface proximal sediments. Furthermore, deglaciation of Jostedalen following the Little Ice Age (LIA) at ~1750 AD means that any in-situ deposit from Nigardsdalen or Stordalen must have a maximum age of only ~250 years (Dahl et al., 2002). In addition to sampling a suite of braid-bars, three valley main meltwater channel side-attached bar samples from Stordalen and a sandur main-meltwater channel side-attached bar sample from Fåbergstølsgrandane were also taken. These samples enable the degree of sediment bleaching with increasing transport distances up to 7 km from the ice front to be investigated.

Samples were collected at the start of the melt-season in June 2008. The snow-pack had not completely melted at the time of sampling which initially rendered some sites inaccessible (e.g. Stordalen) although much of the snow melted throughout the four week sampling period. There were two precipitation events with >10 mm of rainfall throughout the sampling period (10th and 11th June 2008) which resulted in elevated discharges, although snow-melt (and precipitation induced snowmelt) was the greatest driver of changing discharge throughout June 2008. Almost 90% of the total discharge from the Jostedøla which drains the study area occurs during the summer months (Odland et al., 1991).

4.1. Stordalen (LOD)

The debris-covered Lodalsbreen glacier occupies the upper region of the Stordalen valley, and the catchment also has direct
glacial inputs from the Jostedalsbreen ice-cap (Fig. 4). There are some paraglacial deposits present in the catchment, although paraglacial material provides a small component of the total sediment input relative to subglacial sediment sources. Three valley main meltwater channel side-attached bars were sampled at increasing distance from the Lodalsbreen glacier along the Stordalen meltwater channel (LOD4 (1.3 km), LOD5 (1.8 km) and LOD6 (4.5 km)) as well as a Fåbergstølsgrandane sandur main meltwater channel side-attached bar (GRAN69 (6.7 km), Fig. 5). The sediment sources for the three Stordalen samples and sample GRAN69 are broadly similar; GRAN69 is partly sourced from Stordalen, but also has subglacial and limited paraglacial sediment inputs from Trongedalen (Fig. 5). As the source sediments are similar the influence of changing transport distances on the residual luminescence properties of sediments transported by the same depositional processes can be explored. These samples are important to characterise the luminescence properties of materials input to Fåbergstølsgrandane. The K-feldspar luminescence signals of these four samples have been measured.

4.2. Fåbergstølsgrandane (GRAN)

The Fåbergstølsgrandane sandur is the largest in Norway (Fig. 5). Sandar comprise a complex facies assemblage both laterally and horizontally reflecting the varied discharge patterns and associated sediment fluxes of glacial environments. Thrasher et al. (2009b) developed a conceptual model which explores the different depositional pathways and environments of a proglacial sandur, and associated facies (Miall, 1985; Brookfield and Martini, 1999; Boyce and Eyles, 2000). The depositional processes that operate on a sandur are similar to braided river channels, although fine grained sediment accumulations on bar tops are rare or absent (Reineck and Singh, 1973). The braided channel bars in Fåbergstølsgrandane range from cobble-gravel bars of ~1 m elevation in the upper catchment, to gravel-coarse-sand bars of ~30 cm elevation in the lower (SE) catchment. Material has been sampled from similar scale features with elevations of ~30 cm and lengths of ~150 m, which are ~200 m from the main meltwater channel. The bars sampled comprise mainly sand, grading into gravel, although some cobbles were also present on the bars.

As the potential sunlight exposure of sediments varies dependent upon their specific location on a braid-bar feature, a suite of bar-head (GRAN54, 58, 59), bar-mid (GRAN55) and bar-tail deposits (GRAN56 and 57) were sampled from an individual bar feature (GRAN54, 55, 56, Fig. 5) and two other bar forms. Both the quartz and K-feldspar luminescence signals were measured.

4.3. Nigardsdalen (MJO)

Nigardsbreen discharges into a proglacial lake which formed following glacial retreat in the 1930s (Østrem et al., 1976). A delta of braid-bars has formed within the lake and the processes of deposition are similar between Nigardsdalen (also known as Mjolverdalen) and Fåbergstølsgrandane, as both catchments have low gradients and comprise anastomosing meltwater channels. However, whereas in Fåbergstølsgrandane the different braided bar features have elevations of ~1 m in the upper catchment, maximum elevations are

Fig. 4. Map of the Stordalen side-attached bar deposit sample locations. Sample GRAN69 is taken from Fåbergstølsgrandane and is shown in Fig. 5; a) view towards Fåbergstølsgrandane (east) and b) view of Lodalsbreen (north).

Fig. 5. Aerial photograph of Fåbergstølsgrandane showing the sample locations of the six braid-bar deposits sampled, and side-attached bar sample GRAN69.
~30 cm throughout Nigardsdalen (Fig. 3). Elevation values are approximate and fluctuate throughout the ablation season in response to changing meltwater channel discharge, however Nigardsdalen comprises a shallower system than Fåbergstølsgrandane, within which sediments experience higher frequency reworking across channel bars because of their relatively low relief.

In Nigardsdalen, sediments are sourced predominantly from subglacial material, as only limited paraglacial material is present and two composite braided bar features were sampled from Nigardsdalen at positions ~200 m (Bar 1) and ~300 m (Bar 2) downstream from the glacial snout (Fig. 6). Bar 1 is approximately 70 m in length, whereas bar 2 is ~50 m in length. The elevation of bar 1 is ~5 cm in comparison to ~30 cm for bar 2. The bars are smaller but similar in scale to the braid-bars sampled from Fåbergstølsgrandane; however, whereas pebbles and cobbles were present on the Fåbergstølsgrandane braid-bars, the largest clast size on the Nigardsdalen bars sampled are pebbles. Braid-bar-head (MJO6, MJO9), braid-bar-mid (MJO4, MJO8) and braid-bar-tail (MJO3, MJO7) deposits were sampled to provide a comparative sample set to the material sampled from Fåbergstølsgrandane; K-feldspar luminescence signals were measured.

4.4. Sample collection

Samples from Nigardsdalen were collected in opaque plastic tubes using conventional OSL methods, whereby the tubes were hammered into a cleaned face of the sediment. Samples from Stordalen and Fåbergstølsgrandane were collected through covering the sample site with an opaque, plastic bag and clearing a face of at least 20 mm from the sediment to remove any bleached surface material prior to sampling. Light penetration has been shown not to affect $D_e$ values after ~7 mm (Ollerhead, 2001). Samples were placed directly into transparent plastic bags within a second opaque bag, ensuring no light exposure occurred.

5. Methods

5.1. Sample preparation

Samples were prepared for OSL using conventional methods. Material was desiccated at 50 °C to enable calculation of water content, and sieved to extract the 180–212 μm grain size fraction. Approximately 10 g of the selected grain size fraction, dependent on sediment availability, was treated with 30% HCl for 30 min to remove CaCO$_3$ and then with H$_2$O$_2$ to remove organics. Density separations were used to extract the 2.58–2.68 g cm$^{-3}$ quartz and <2.58 g cm$^{-3}$ K-feldspar fractions. The quartz extract was etched with 40% HF for 40 min, to remove contaminating feldspars and the outer layer of the grains which has been affected by alpha irradiation. Etched quartz was treated with 30% HCl for 30 min to remove fluorides produced during etching. K-feldspar samples were not etched (Duller, 1992).

5.2. Luminescence measurements

All OSL analyses were carried out using either a TL-DA-15 (Bøtter-Jensen et al., 2003) or TL-DA-20 Risø reader, equipped with an EMI 9235QA photomultiplier. Quartz luminescence signals were detected in the UV through a 7.5 mm Hoya U-340 filter following blue stimulation (470 ± 20 nm), whereas K-feldspar luminescence signals were detected in the blue through a Corning 7-59 and BG-39 filter following IR stimulation (~870 nm). Irradiation was achieved using a $^{90}$Sr/$^{90}$Y beta source with dose rates of 0.1 or 0.01 Gy s$^{-1}$ dependent on instrument. Both readers were calibrated using quartz prepared at the Risø National Laboratory in Denmark. Measurements were plotted using Analyst v.3.22b (Duller, 2005). Quartz and K-feldspar were deposited in mono-layer onto stainless steel discs (9.8 mm Ø) using silicon grease and aliquot size was regulated using a large (7 mm Ø, ~400 grain) mask for quartz analyses and a small (2 mm Ø, ~30 grain) mask for K-feldspar analyses.

5.2.1. Quartz OSL

Both the quartz and K-feldspar samples were analysed using a single aliquot regenerative dose (SAR) protocol (Murray and Wintle, 2000, Table 1a) which involves interpolation of the natural luminescence signal ($L_n$) onto a dose response curve comprising the luminescence response ($L_x$) to multiple regenerative doses of different amounts (Fig. 7). All $L_n$ and $L_x$ measurements are interspaced by measurement of the luminescence response ($Tx$) to a test dose ($TD$) of fixed amount, which is used to normalise the different measurements i.e. $Lx/Tx$. The protocol for the quartz samples was

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Fig. 6. Aerial photograph of Nigardsdalen showing the sampling locations of bars 1 and 2. a) Photograph looking across the Nigardsdalen proglacial data from the glacial snout and b) photograph looking across the proglacial delta towards to the glacial snout.
selected through testing a range of preheat temperatures and confirming that samples are able to recover a known laboratory dose.

Quartz analysed from Jostedalen has low luminescence sensitivity (Fig. 7a) which makes OSL analyses challenging, consequently it was necessary to relax the sample acceptance criteria thresholds relative to some other studies (e.g. Thrasher et al., 2009b). Sample acceptance criteria are that 1) recycling ratios (Murray and Wintle, 2000) are within 20% of unity, 2) signal intensities are \geq 3\sigma above background, 3) recuperation is within 20% of the normalised maximum regenerated signal, and 4) IR depletion is within 20% of unity (Duller, 2003). Quartz optical stimulations were 40 s in duration; signals were integrated over the first 1.6 s and backgrounds over the final 8 s of stimulation. Quartz aliquot acceptance is 72% across all samples, with poor recycling and low signal intensities accounting for the rejection of \sim 18% of aliquots (see Supplementary Table S.1).

5.2.2. K-feldspar OSL

In contrast to the quartz samples, the K-feldspar samples had very bright luminescence sensitivity (Fig. 7b) and were measured using a modified SAR protocol (Table 1b), as proposed by Wallinga et al. (2007) whereby the first and second preheat temperatures are identical in order to improve sensitivity corrections (after Blair et al., 2005; Huot and Lamothe, 2003). A high-temperature IR bleach was also incorporated at the end of each SAR cycle (Murray and Wintle, 2003; Blair et al., 2005; Buylaert et al., 2007) which is designed to deplete excess signal that may accumulate throughout analysis (Table 1b). The suitability of the selected protocol was confirmed through a dose-recovery preheat-plateau experiment; doses were recovered within 10% of unity. The recently developed post-IR IRSL protocol (Thomsen et al., 2008; Buylaert et al., 2009) which is less susceptible to anomalous fading and is thought to provide more precise age determinations for K-feldspars (Buylaert et al., 2012) was only used to explore three samples as it is not suitable for young sediments or those that may be partially bleached (Thiel, 2011). A preheat of 250 °C for 60 s was used, followed by an IR stimulation at 50 °C for 100 s and a post-IR IR stimulation at 250 °C for 100 s in a protocol modified from Buylaert et al. (2009). Both $L_x$ and $T_x$ measurement conditions were kept the same and a high temperature IR bleach at 290 °C for 100 s was also incorporated at the end of each measurement cycle.

Acceptance criteria for the K-feldspar aliquots are that 1) recycling ratios are within 10% of unity; 2) signal intensities are \geq 3\sigma above background; 3) recuperation is within 10% of the normalised maximum regenerated dose and 4) $D_x$ value uncertainties are \leq 10%. K-feldspar optical stimulations were 100 s in duration; signals were integrated over the first 4 s of stimulation, and background signals from the final 20 s of stimulation. K-feldspar aliquot acceptance is 98% across all samples; $D_x$ values have not been corrected for anomalous fading, as differences in relative residual ages rather than the absolute residual ages, are of key interest.

5.2.3. K-feldspar standardised growth curve

Standardised growth curves (SGCs) for quartz and polyneminal fine grains have recently been investigated by a number of authors (e.g. Roberts and Duller, 2004; Burbidge et al., 2006; Telfer et al., 2008). A set of individual sample specific SGCs for samples which interpolate on the linear part of the dose response curve were developed for the K-feldspar samples as they behave in a uniform manner.

The sample specific SGCs were constructed from between twelve and twenty-four aliquots, which were measured using a full SAR protocol. Average dose response values ($L_x/T_x$) for different regenerative doses were normalised for TD (Roberts and Duller, 2004) and fitted with a linear function to form SGCs from which $D_x$ values could be interpolated. Inadequate data were available to generate SGCs beyond the linear part of the dose response curve, and two aliquots of sample LOD4 have been rejected as they interpolate beyond this range. The SGCs were tested through separating the SAR measured aliquots into two equal-sized populations, and constructing two different SGCs: one for each population (SGC$_{P1}$ and SGC$_{P2}$). The SGC$_{P1}$ was used to calculate SGC $D_x$ values for aliquot population two, and vice versa (Table S.2); these SGC $D_x$ values were then tested against the $D_x$ values measured for the same aliquots within a full SAR protocol. All SGC/SAR $D_x$ values were within 10% of unity.

Luminescence analyses for SGC interpolation comprised measurement of $L_{in}/T_n$ followed by a single regenerative dose cycle.

<table>
<thead>
<tr>
<th>Table 1a</th>
<th>Quartz SAR protocol.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Natural/Regenerative dose</td>
<td>5, 10, 20, 30, 0, 5, 5 Gy*</td>
</tr>
<tr>
<td>TL</td>
<td>$\leq 180$ °C, 10 s, 5 °C/s</td>
</tr>
<tr>
<td>IRLS</td>
<td>$\leq 20$ °C, 40 s, 5 °C/s (final cycle only)</td>
</tr>
<tr>
<td>OSL ($L_x$, $T_x$)</td>
<td>$\leq 125$ °C, 40 s, 5 °C/s</td>
</tr>
<tr>
<td>Test Dose ($T_D$)</td>
<td>5 Gy</td>
</tr>
<tr>
<td>TL</td>
<td>$\leq 180$ °C, 10 s, 5 °C/s</td>
</tr>
<tr>
<td>OSL ($T_x$)</td>
<td>$\leq 125$ °C, 40 s, 5 °C/s</td>
</tr>
</tbody>
</table>

* Regenerative doses varied dependent upon sample $D_x$ values but initial analyses were carried out with these doses.

Fig. 7. Luminescence decay curve for an aliquot of a) the quartz and b) the K-feldspar extracts of sample GRAN55. Insets show the luminescence dose response curves for the same aliquots.
Table 1b
Fieldspar SAR protocol.

| Natural/Regenerative doses | 6.2, 12.4, 18.6, 0, 6.2 Gy |
| TL | 250 °C, 60 s, 5 °C/s |
| IRSL (L<sub>0</sub>, L<sub>0</sub>) | 50 °C, 100 s, 5 °C/s |
| Test Dose (T<sub>D</sub>) | 6.2 Gy |
| TL | 250 °C, 60 s, 5 °C/s |
| IRSL (T<sub>c</sub>) | 50 °C, 100 s, 5 °C/s |
| IRSL | 290 °C, 100 s, 5 °C/s |

Table 2a
Fieldspar model selection results.

<table>
<thead>
<tr>
<th>Sample</th>
<th>Type</th>
<th>Facies</th>
<th>n</th>
<th>Average D&lt;sub&gt;s&lt;/sub&gt; (Gy)</th>
<th>D&lt;sub&gt;s&lt;/sub&gt; CAM</th>
<th>&lt;s&gt;σ&lt;sub&gt;d&lt;/sub&gt;&lt;/s&gt;</th>
<th>2σ&lt;sub&gt;c&lt;/sub&gt; Norm ε&lt;sub&gt;c&lt;/sub&gt; c crit (1/2σ&lt;sub&gt;c&lt;/sub&gt;)</th>
<th>2σ&lt;sub&gt;k&lt;/sub&gt; Norm k&lt;sub&gt;w&lt;/sub&gt; k&lt;sub&gt;w&lt;/sub&gt; crit (0.6/2σ&lt;sub&gt;k&lt;/sub&gt;)</th>
<th>Selected model</th>
<th>Modelled D&lt;sub&gt;s&lt;/sub&gt; (Gy)</th>
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</thead>
<tbody>
<tr>
<td>LOD4&lt;sup&gt;b&lt;/sup&gt;</td>
<td>Side-attached</td>
<td>Sh</td>
<td>46</td>
<td>27.11 ± 1.00</td>
<td>23.23 ± 1.80</td>
<td>0.525 ± 0.040</td>
<td>0.72</td>
<td>3.98</td>
<td>1.38</td>
<td>1.44</td>
</tr>
<tr>
<td>LOD5</td>
<td>Bar</td>
<td>Sr</td>
<td>24</td>
<td>52.37 ± 2.24</td>
<td>46.02 ± 4.92</td>
<td>0.523 ± 0.029</td>
<td>1.00</td>
<td>1.28</td>
<td>1.00</td>
<td>2.00</td>
</tr>
<tr>
<td>LOD6b</td>
<td></td>
<td>Sr</td>
<td>48</td>
<td>24.15 ± 0.80</td>
<td>18.51 ± 1.97</td>
<td>0.735 ± 0.065</td>
<td>0.71</td>
<td>1.48</td>
<td>1.41</td>
<td>1.41</td>
</tr>
<tr>
<td>GRAN69#1</td>
<td></td>
<td>Sr</td>
<td>24</td>
<td>17.35 ± 0.97</td>
<td>13.47 ± 1.78</td>
<td>0.644 ± 0.048</td>
<td>1.00</td>
<td>2.57</td>
<td>1.00</td>
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<tr>
<td>GRAN69#2</td>
<td></td>
<td>Sr</td>
<td>36</td>
<td>14.80 ± 0.64</td>
<td>12.42 ± 1.22</td>
<td>0.588 ± 0.031</td>
<td>0.82</td>
<td>2.46</td>
<td>1.22</td>
<td>1.63</td>
</tr>
<tr>
<td>GRAN69</td>
<td></td>
<td>Sr</td>
<td>60</td>
<td>15.82 ± 0.78</td>
<td>12.82 ± 1.02</td>
<td>0.612 ± 0.044</td>
<td>0.63</td>
<td>4.10</td>
<td>1.58</td>
<td>1.26</td>
</tr>
<tr>
<td>GRAN54</td>
<td></td>
<td>Sh</td>
<td>48</td>
<td>147.97 ± 5.17</td>
<td>145.77 ± 4.39</td>
<td>0.201 ± 0.010</td>
<td>0.71</td>
<td>0.04</td>
<td>1.41</td>
<td>1.41</td>
</tr>
<tr>
<td>GRAN55</td>
<td></td>
<td>Sh</td>
<td>48</td>
<td>102.09 ± 3.25</td>
<td>99.00 ± 1.51</td>
<td>0.253 ± 0.005</td>
<td>0.71</td>
<td>0.71</td>
<td>1.41</td>
<td>1.41</td>
</tr>
<tr>
<td>GRAN56</td>
<td></td>
<td>Sr</td>
<td>55</td>
<td>320.80 ± 14.60</td>
<td>16.13 ± 0.53</td>
<td>0.244 ± 0.012</td>
<td>0.66</td>
<td>1.63</td>
<td>1.51</td>
<td>1.32</td>
</tr>
<tr>
<td>GRAN57&lt;sup&gt;c&lt;/sup&gt;</td>
<td></td>
<td>Sr</td>
<td>54</td>
<td>10.37 ± 0.37</td>
<td>12.98 ± 0.62</td>
<td>0.348 ± 0.020</td>
<td>0.67</td>
<td>1.71</td>
<td>1.50</td>
<td>1.33</td>
</tr>
<tr>
<td>GRAN58</td>
<td></td>
<td>Sr</td>
<td>24</td>
<td>124.44 ± 4.30</td>
<td>120.99 ± 5.92</td>
<td>0.237 ± 0.004</td>
<td>1.00</td>
<td>0.003</td>
<td>1.00</td>
<td>2.00</td>
</tr>
<tr>
<td>GRAN59</td>
<td></td>
<td>Sr</td>
<td>60</td>
<td>173.28 ± 7.80</td>
<td>162.38 ± 5.00</td>
<td>0.234 ± 0.011</td>
<td>0.63</td>
<td>1.03</td>
<td>1.58</td>
<td>1.26</td>
</tr>
<tr>
<td>MJ03&lt;sup&gt;b&lt;/sup&gt;</td>
<td>Delta</td>
<td>Sh</td>
<td>47</td>
<td>7.55 ± 0.46</td>
<td>7.27 ± 0.36</td>
<td>0.335 ± 0.021</td>
<td>0.72</td>
<td>8.12</td>
<td>1.40</td>
<td>1.43</td>
</tr>
<tr>
<td>MJ04&lt;sup&gt;b&lt;/sup&gt;</td>
<td>Braid-bar</td>
<td>Sh</td>
<td>33</td>
<td>188.16 ± 9.95</td>
<td>164.56 ± 15.55</td>
<td>0.540 ± 0.027</td>
<td>0.85</td>
<td>1.49</td>
<td>1.17</td>
<td>1.71</td>
</tr>
<tr>
<td>MJ06&lt;sup&gt;b&lt;/sup&gt;</td>
<td></td>
<td>Sh</td>
<td>23</td>
<td>61.76 ± 3.69</td>
<td>50.09 ± 6.36</td>
<td>0.607 ± 0.043</td>
<td>1.02</td>
<td>1.23</td>
<td>0.98</td>
<td>1.02</td>
</tr>
<tr>
<td>MJ07&lt;sup&gt;b&lt;/sup&gt;</td>
<td></td>
<td>Sh</td>
<td>48</td>
<td>5.44 ± 0.25</td>
<td>4.89 ± 0.22</td>
<td>0.306 ± 0.018</td>
<td>0.71</td>
<td>4.78</td>
<td>1.41</td>
<td>1.41</td>
</tr>
<tr>
<td>MJ08</td>
<td></td>
<td>Sh</td>
<td>48</td>
<td>7.27 ± 0.33</td>
<td>6.52 ± 0.21</td>
<td>0.224 ± 0.011</td>
<td>0.71</td>
<td>1.10</td>
<td>1.41</td>
<td>1.41</td>
</tr>
<tr>
<td>MJ09&lt;sup&gt;b&lt;/sup&gt;</td>
<td></td>
<td>Sh</td>
<td>48</td>
<td>17.36 ± 0.79</td>
<td>12.35 ± 1.34</td>
<td>0.751 ± 0.067</td>
<td>0.71</td>
<td>5.20</td>
<td>1.41</td>
<td>1.41</td>
</tr>
</tbody>
</table>

<sup>a</sup> The MAM-3 returns very large uncertainties for these samples, therefore they have been modelled with the 1S% model instead: MJ06 D<sub>s</sub> = 14.29 ± 0.70 and MJ09 D<sub>s</sub> = 3.84 ± 0.25 Gy
<sup>b</sup> Analysed with an SGC.
component of the total $D_e$ has been adjusted to account for this using the factors presented in Table H.1 of Aitken (1985), assuming a sample depth below the surface of 3 cm (i.e. the mid-point of the sample) and a soil density of 2 g cm\(^{-3}\) (“Adjusted Gamma Dose Rate”, Table 3). Following calculation of $D_e$ (Gy ka\(^{-1}\)), sample age is calculated: Age (ka) = $D_e$/D\(_b\).

6. Results

6.1. Stordalen: glaciofluvial side-attached bar deposits

The overdispersion values for the four side-attached bar deposits range from 53 ± 4% for LOD4 and 52 ± 3% for LOD5, to 74 ± 7% for LOD6 and 61 ± 4% for GRAN69. Overdispersion values increase with increasing transport distance from the sediment sources (Fig. 8a). Comparison of the three component minimum age (MAM-3, Galbraith and Laslett, 1993) modelled ages for these deposits shows that whereas LOD4 has the greatest residual age of 3.00 ± 0.38 ka, GRAN69 has the smallest residual age of 1.18 ± 0.13 ka, therefore overdispersion increases as residual age reduces (Fig. 8b).

6.2. Fåbergstølsgrandane: sandur braid-bar deposits

The overdispersion values for the sandur braid-bar deposits are low (<35%) for both the quartz and K-feldspar samples, relative to the side-attached bar deposits described from Stordalen and Fåbergstølsgrandane (Section 6.1, Table 2). Only minor modification of overdispersion with increasing sediment reworking across the bars is observed (Figs. 8a and 9), although braid-bar-tail deposits have greater overdispersion values than braid-bar head deposits from the same bar feature (Table 4, Bar 1). Residual age reduces with increasing reworking across the composite bar forms (Fig. 9; Table 4). Samples GRAN54, GRAN58 and GRAN59 are sampled from braid-bar-head deposits and have the greatest residual ages (K-feldspar ages ≥26.6 ka, quartz ages ≥3.4 ka); GRAN55 is sampled from a braid-bar-mid and GRAN56 and GRAN57 are sampled from braid-bar-tails and have the lowest residual ages for both the K-feldspar and quartz fractions (K-feldspar ages ≤2.8 ka, quartz ages ≤0.9 ka). Bleaching six aliquots of the K-feldspar extract of sample GRAN56 for 300 min on a bright overcast day in July in St Andrews (Scotland, UK) resulted in measurement of a residual $D_e$ value of 2.34 ± 0.12 Gy, suggesting that the bar-tail deposits measured from Fåbergstølsgrandane are completely bleached. Where the percentage reduction in age is considered between the braid-bar-head (GRAN54) and braid-bar-tail (GRAN56) deposits of a single bar feature (Bar 1), a reduction of 80–90% is observed in both the K-feldspar and quartz OSL residual ages (Table 4).

In addition to measuring the IRSL\(_{50}\) signal a post-IR IRSL\(_{250}\) measurement was also made following preheating at 250°C on twelve aliquots of braid-bar-head deposit GRAN54, braid-mid deposit GRAN55 and braid-tail deposit GRAN56. The CAM $D_e$ values of these measurements are 482 ± 27 Gy ($\sigma_d = 18 ± 2\%$), 316 ± 15 Gy ($\sigma_d = 16 ± 1\%$) and 91 ± 3 Gy ($\sigma_d = 12 ± 1\%$) respectively, and also exhibit a signal reduction of 80%. These unbleached residual values are much greater than the post-IR IRSL\(_{290}\) residuals of 27–31 Gy reported by Alexanderson and Murray (2012a) for their modern sandur deposits, and is anticipated because post-IR IRSL signals are less readily bleached (cf. Murray et al., 2012). However it should also be noted that use of a 250°C preheat temperature, rather than a temperature greater than the post-IR IRSL stimulation temperature, may also have exacerbated these residuals. These data are presented as they will be of interest to researchers who wish to utilise post-IR IRSL dating methods in glacial settings.

6.3. Nigaradalen: proglacial delta braid-bar deposits

The luminescence properties of the Nigaradalen samples contrast with the luminescence properties of samples from Fåbergstølsgrandane; the residual ages in Nigaradalen are much lower and the overdispersion values are much greater and reduce with transport across braid-bar features (Figs. 8a and 10, Table 5). The residual ages of the Nigaradalen samples, calculated with the lowest 5% (L5%, Olley et al., 1998) and MAM3 models are lower for Bar 2 than Bar 1 (Table 5). No uniform reduction in residual age across Bar 2 is observed and braid-bar-mid sample MJ04 (Bar 1) has a much greater residual age (19.00 ± 3.02 ka) than the other Nigaradalen samples. The braid-bar-head deposits (MJ06 and MJ09) in Nigaradalen have residual ages of 3.18 ± 0.31 and 0.96 ± 0.11 ka, >23 ka lower than equivalent deposits in Fåbergstølsgrandane, and overdispersion values are 61 ± 4% and 75 ± 7% which are twice as large as the equivalent Fåbergstølsgrandane deposits (Tables 4 and 5).

7. Discussion

7.1. Valley main meltwater channel side-attached bar deposits

The four side-attached bar deposits analysed (LOD4, LOD5, LOD6 and GRAN69) have similar source sediments and exhibit reducing residual ages and increasing overdispersion values as transport distances increase (Fig. 8a). This can be explained by improved sediment bleaching with increasing transport distance in the Stordalen and Fåbergstølsgrandane main-meltwater channels, and is in agreement with observations by other luminescence practitioners working in glacial and fluvial environments (e.g. Forman and Ennis, 1992; Stokes et al., 2001).

The residual ages of the side-attached bar deposits range from 3.00 ± 0.38 ka for LOD4 which is the most ice-proximal sample (1.3 km distant), to 1.18 ± 0.13 ka for GRAN69 which is the sample furthest from the ice-front (6.7 km distant). The unbleached residual ages presented here suggest that the IRSL\(_{50}\) signal of side-attached bar deposits will retain residual ages of 1.5–3 ka (~6–12 ka for LOD4 to LOD6).
Table 3a

<table>
<thead>
<tr>
<th>Sample Type</th>
<th>nD (ppm)</th>
<th>K (%)</th>
<th>Th (ppm)</th>
<th>U (ppm)</th>
<th>Rb (ppm)</th>
<th>Dry alpha dose rate (Gy ka⁻¹)</th>
<th>Water (mL)</th>
<th>Age model</th>
</tr>
</thead>
<tbody>
<tr>
<td>LOD5</td>
<td>0.14</td>
<td>13.5</td>
<td>0.73</td>
<td>121.8</td>
<td></td>
<td>24</td>
<td>6.99</td>
<td>LOD5</td>
</tr>
<tr>
<td>LOD6</td>
<td>0.17</td>
<td>118.6</td>
<td></td>
<td></td>
<td></td>
<td>48</td>
<td>5.78</td>
<td>LOD6</td>
</tr>
<tr>
<td>LOD7</td>
<td>0.35</td>
<td>1.89</td>
<td></td>
<td></td>
<td></td>
<td>48</td>
<td>0.35</td>
<td>LOD7</td>
</tr>
<tr>
<td>LOD8</td>
<td>0.17</td>
<td>121.8</td>
<td></td>
<td></td>
<td></td>
<td>48</td>
<td>0.35</td>
<td>LOD8</td>
</tr>
<tr>
<td>LOD9</td>
<td>0.35</td>
<td>1.89</td>
<td></td>
<td></td>
<td></td>
<td>48</td>
<td>0.35</td>
<td>LOD9</td>
</tr>
<tr>
<td>LOD10</td>
<td>0.17</td>
<td>121.8</td>
<td></td>
<td></td>
<td></td>
<td>48</td>
<td>0.35</td>
<td>LOD10</td>
</tr>
</tbody>
</table>

7.2. Braid-bar deposits

7.2.1. Fåbergstølsgrandane

In contrast to the glacialfluvial side-attached bar deposits analysed from Stordalen, the Fåbergstølsgrandane sandur is relatively distant from the ice margins of Lodalsbreen and Stigaholtsbreen (~6 km). Consequently it is surprising that the braid-bar head residual ages are so large (K-feldspar IRSL50 ages are ≥26.6 ka (≥103 Gy), quartz ages are ≥3.4 ka (≥11.7 Gy)) as glacialfluvial sediments have been shown to bleach effectively within this glaciofluvial environment over relatively short transport distances (i.e. the residual ages of the Stordalen side-attached bar deposits discussed in Section 7.1). These unbleached residual ages are also much greater than those reported for a modern sandur bar (3 km from the glacier margin, specific position on the bar unspecified) and river bank deposit by Alexanderson and Murray (2012a), for which they recorded IRSL50 unbleached residual signals of 3.2–5.2 Gy. The high unbleached residual ages reported here are a consequence of the specific transport and depositional process that the sediments have experienced, and can be explained by the specific location of the braid-bar deposits sampled from Fåbergstølsgrandane. The braid-bars sampled are ~200 m from the main meltwater channel, and consequently will only be activated during periods of peak discharge following episodic storm or snowmelt events. Such events result in high energy pulses of material onto the sandur, and will offer limited opportunity for bleaching due to high suspended sediment loads and turbulent flow (e.g. Ditlafsen, 1992). Braid-bar head deposits essentially comprise channel material, which is known to sort less rapidly than material transported across channel bars (Rice and Church, 2010) and thus poorly sorted sediments are likely to be less effectively bleached than well sorted sediments. The sensitivity of the OSL signal to such differences in depositional processes demonstrates its use as an indicator of transport and depositional process.

The unbleached residuals measured for the braid-bar head deposits are greater than those reported for quartz measurements of subglacial sediments from neighbouring Fåbergstølsdalen. King et al. (2013) reported residual ages of up to only 1.72 ± 0.77 ka, which were lower than anticipated for an in-situ deposit. They attributed the relatively low residuals to potential partial resetting of the sediments which were at the front of the glacier, or alternatively to the incorporation of reset grains from the glacier margins. Whereas their subglacial samples had high overdispersion values of ~70%, the Fåbergstølsgrandane braid-bar samples have relatively low overdispersion values (Table 4), suggesting that they have not been significantly heterogeneously bleached. The K-
feldspar overdispersion values range from 20 to 24% and quartz values range from 16 to 24%. Because the sample overdispersion values are mostly >20% it is likely that these sediments have been partially bleached during transport and deposition, rather than not bleached at all (Galbraith et al., 1999; Arnold and Roberts, 2009). Although their low overdispersion values are more characteristic of type ‘A’ sediments which have experienced near-homogeneous partial bleaching, rather than type ‘B’ sediments which have been bleached heterogeneously and so exhibit greater overdispersion values (Duller, 1994).

The measured luminescence signals of the K-feldspar extracts result in greater ages than their partner quartz extracts for all of the Fåbergstølsgrande samples analysed in this study, which can be explained by slower bleaching of the K-feldspar luminescence signal relative to the quartz luminescence signal (e.g. Spooner, 1994; Wallinga, 2002; Klasen et al., 2006). In contrast, transport across braided channel bars enables improved sediment sorting and greater opportunities for bleaching of the luminescence signal for sediments deposited at the braid-bar-mids and -tails. During transport across the bar features, sediments are homogeneously, rather than heterogeneously bleached, as heterogeneous bleaching is anticipated to result in increasing overdispersion of the $D_e$ value distributions as some grains became more fully reset (Table 4). It is interesting that the rate of signal depletion is equal for both the quartz and K-feldspar $D_e$ values (Table 4), and shows that the luminescence signals of both minerals bleach at the same rate in some depositional settings (e.g. Sanderson et al., 2007).

7.2.2. Nigardsdalen

The high overdispersion values and low residual ages of the braid-bar-head deposits from Nigardsdalen shows that they have

![Fig. 8. Changing sample overdispersion values with a) transport distance and b) sample age.](image)
experienced greater sediment bleaching than the braid-bar-head deposits sampled from Fåbergstølsgrandane (Table 5), despite their relatively short transport distances (200–300 m). This can be explained by the greater opportunities for sediment bleaching within a channel of shallow relief, where sediments may be exposed multiple times during reworking across bar features.

The residual ages of the Nigardsdalen samples are lower for Bar 2 than Bar 1 (Table 5), which is attributed to greater bleaching opportunities with increasing transport distance, as has been recorded for the side-attached-bar deposits sampled from Stordalen (Section 7.1). No uniform reduction in residual age across Bar 2 is observed, which may be a consequence of the almost fully bleached nature of these deposits (Table 5). Overdispersion and residual age reduce with reworking across the bar features (Figs. 8, Table 5) as sediment bleaching increases. If this bleaching is homogeneous and all grains bleach at the same rate, it may be anticipated that overdispersion values of the braid-bar-head deposits would be preserved (e.g. Fig. 9), however this is not recorded (Fig. 10). Homogeneous bleaching can cause a reduction in overdispersion where sediments are becoming fully bleached, and the smallest unbleached residual $D_s$ values measured for MJO7 are $\sim 3$ Gy, which are similar to the $D_s$ value of $2.34 \pm 0.12$ Gy measured for 6 aliquots of GRAN56 following 300 min of bleaching in sunlight. Therefore at least some grains of samples MJO3, MJO7, MJO8 and MJO9 are fully bleached. It can also be inferred that the same processes of sediment bleaching are occurring on both the sandur braid-bar deposits from Fåbergstølsgrandane, and the proglacial delta braid-bar deposits from Nigardsdalen.

Braid-bar-mid sample MJO4 has a much greater residual age (19.00 ± 3.02 ka) than the other Nigardsdalen samples, which is related to its specific sample location, adjacent to a crossover chute channel on Bar 1 (Fig. 3). Its relatively high age can be explained by the deposition of sediments transported via crossover flow during periods of elevated discharge when sediments are reworked across the proglacial delta more rapidly, resulting in reduced bleaching opportunities and illustrating the control that specific depositional setting has on sediment OSL properties.

### 7.3. Synthesis

This study has investigated the luminescence properties of glaciofluvial sediments from three different catchments. Residual ages and overdispersion values are sensitive to the specific depositional processes. Despite having similar source sediments, whereas side-attached bar deposits from Stordalen and Fåbergstølsgrandane and braid-bar-head deposits from Nigardsdalen have low residual ages but high overdispersion values, braid-bar-head deposits from Fåbergstølsgrandane have high residual ages and low overdispersion values. In Fåbergstølsgrandane, the high residual ages and low overdispersion values of the braid-bar-head deposits reflect the limited bleaching opportunities of source sediments with high residual ages transported onto the sandur during storm events and periods of peak snowmelt. In contrast, the low residual ages and high overdispersion values of the Nigardsdalen braid-bar-head deposits are a consequence of multiple bleaching opportunities within a catchment with low relief. Sediment sources and processes of transport across the braid-bar features are similar in both catchments, although the frequency of transport events is likely to be higher in Nigardsdalen because it is a relatively low relief system. Homogeneous bleaching of the Fåbergstølsgrandane sediments results in little variation in overdispersion values as a function of transport distance (Figs. 8 and 9); in contrast, the braid-bar deposits in Nigardsdalen exhibit a marked reduction in overdispersion values as sediments become completely bleached during reworking across bar-features (Figs. 8 and 10).

### 8. Conclusions and implications for successful sampling strategies

The Fåbergstølsgrandane sandur braid-bar deposits have greater residual ages than the proglacial delta braid-bar and main valley or sandur meltwater channel side-attached bar deposits. They exhibit the greatest residuals at the braid-bar-heads which are caused by initial deposition of poorly sorted sediments that have been poorly bleached during highly competent flow. Using overdispersion values alone it is not possible to discriminate between sediments

---

**Table 4**

Summary of Fåbergstølsgrandane sandur braided bar data.

<table>
<thead>
<tr>
<th>Bar</th>
<th>ka (± 100)</th>
<th>$\sigma_d$ (± 10)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bar 1</td>
<td>GRAN54: 33.64 ± 3.49, GRAN55: 22.79 ± 2.53</td>
<td>20 ± 1, 25 ± 1</td>
</tr>
<tr>
<td>Bar 2a</td>
<td>GRAN58: 26.59 ± 8.36</td>
<td>0.24 ± 0.00</td>
</tr>
<tr>
<td>Bar 2b</td>
<td>GRAN59: 26.87 ± 3.08</td>
<td>0.23 ± 0.01</td>
</tr>
</tbody>
</table>

**Table 5**

Summary of Fåbergstølsgrandane sandur braided bar data.

<table>
<thead>
<tr>
<th>Bar</th>
<th>Bar head (a)</th>
<th>Bar mid</th>
<th>Bar tail (b)</th>
<th>% Change a → b</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bar 1</td>
<td>GRAN54</td>
<td>GRAN55</td>
<td>GRAN56</td>
<td>GRAN54Q</td>
</tr>
<tr>
<td>ka</td>
<td>33.64 ± 3.49</td>
<td>22.79 ± 2.53</td>
<td>27.77 ± 0.33</td>
<td>91.77%</td>
</tr>
<tr>
<td>$\sigma_d$</td>
<td>20 ± 1</td>
<td>25 ± 1</td>
<td>24 ± 1</td>
<td>27 ± 1</td>
</tr>
</tbody>
</table>

**Relative transport distance (m)**

<table>
<thead>
<tr>
<th>Bar</th>
<th>0</th>
<th>53</th>
<th>163</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bar 2a</td>
<td>0</td>
<td>53</td>
<td>163</td>
</tr>
<tr>
<td>Bar 2b</td>
<td>0</td>
<td>53</td>
<td>163</td>
</tr>
</tbody>
</table>

**Average Signal Change:**

92.32 ± 0.48% 79.68 ± 10.19%

---

* Composite bar forms: the bar-head and bar-tail deposits are taken from different bar features but are contrasted to explore changing residual age values.
which remain almost completely unbleached, and sediments which have been well bleached prior to deposition. Consequently braid-bar-head deposits should not be sampled for OSL dating, and sample selection must be based on specific depositional setting and deposit sedimentology (c.f. Fuchs and Owen, 2008). Braid-bar-tail deposits have the smallest residual ages, which is in agreement with the findings of previous research (e.g. Thrasher et al., 2009b). The IRSL50 K-feldspar signal is almost completely bleached for the proglacial delta braid-bar-tail deposits measured. Quartz and K-feldspar have been shown to bleach at the same rate during transport across bar features in Fåbergstølsgrandane, suggesting that although a residual of ~2 ka remains, the IRSL50 signal of K-feldspar may also be appropriate for dating sandur braid-bar-tails, circumventing the challenges of dimly luminescent quartz (e.g. Rhodes and Bailey, 1997). These results may improve both sampling and luminescence analysis protocols for glacial sediments which can be challenging to date using luminescence methods.

The contrasting residual ages and overdispersion values identified between the similar depositional environments of Nigardsdalen and Fåbergstølsgrandane highlights the sensitivity of the luminescence signal to both the processes of sedimentation and specific depositional settings. In order to accurately quantify the luminescence properties of modern analogue deposits, it is essential that the deposit sedimentology and specific depositional setting of the samples are carefully characterised so that an appropriate modern analogue deposit is selected. It is preferable that multiple modern analogue samples are taken to avoid biasing results by localised effects e.g. at MJ04 high residual ages are the consequence of a crossover channel on the bar feature, and are not representative of the braid-bar-head or braid-bar-tail characteristics.

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**Appendix A. Supplementary data**

Supplementary data related to this article can be found at http://dx.doi.org/10.1016/j.quascirev.2014.02.001.

**References**


